

RAINFOREST'S DAILY ROUTINES

Rainforest's educators believe children need consistent but flexible routines as we aim:

- To maximise children's learning opportunities
- To give children the opportunity to collaborate with educators about routines and procedures
- To help young children understand the child care environment and feel secure
- To promote independence and self help skills

WINTER ROUTINES

In the morning we greet each other and perhaps have a cuddle, as we get ready for our morning indoor activities. Our breakfast is served at 7.15am to 7.45am.

At about 9.55 our educators tell us that it is almost time to tidy up

After morning tea we play outside and are also able to participate in our small group activities in our individual groups (Lizards, Frogs & Butterflies). Actually the Lizards have their group time at 9.30am, so it is valuable to arrive a little bit before so that they can enjoy their time with their friends, as they prepare for big school. This also allows us to play in a less crowded environment.

At about 11.55am our educators tell us that it is almost time to tidy up as at 12pm we have our group time, then we go to the toilet and wash our hands before Lunch at 12.15pm.

After lunch we are all ready to rest our bodies and mind after a very busy morning, as we were very busy learning, interacting and making decisions. Our educators lovingly tuck us into our warm beds after we are able to select a book to read; at this time we take the opportunity to rest.

At about 1.40pm we help fold our sheets, put our shoes on, if we like, and apply sun lotion, wear a hat and, if we wish to, wear sunglasses as, after our afternoon tea, at about 2.30pm, we will go outside to play, discover explore and have lots of fun.

At 3pm children are welcome to choose between indoor and outdoor activities and are able to float between the two learning environments; this, once again, allows us to play in a less crowded environment.

At about 3.20pm our educators tell us that it is almost time to tidy up, as we will soon sit down to have a yarn and reflect on our day together. After our chat we go inside and spend some time winding down by playing with puzzles and reading some books before we become busy again with inside activities;

At about 5.10pm we are starting to feel hungry so we begin to get ready to tidy up, wash our hands and eat something delicious, as soon our Families will arrive to take us home.

Rainforest ELC should lock its doors at about 6pm as our educators need to go home as soon as possible to see and enjoy their families as much as we do. **Lots of Love the**

Rainforest Mob